



24TH ANNUAL
REFLECTIONS
SYMPOSIUM
ON CHILD ABUSE & NEGLECT

MEDICAL TRAINING TRACK

LAKE JUNALUSKA
CONFERENCE & RETREAT CENTER

SEPTEMBER 25-27, 2018
CONFERENCE PROGRAM

The 24th Annual Reflections Symposium on Child Abuse & Neglect is co-sponsored and supported by grants from:



*Office for Victims of Crime, US Department of Justice, through
the NC Department of Public Safety/Governor's Crime Commission
Grant Award No. 012521*

Special thanks to our Symposium collaborators:



NC Child Medical Evaluation Program, UNC



*The School of Medicine of the University of North Carolina
at Chapel Hill*



The 24th Annual Reflections Symposium on Child Abuse and Neglect September 25 – 27, 2018

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The School of Medicine of The University of North Carolina at Chapel Hill, the Children's Advocacy Centers of North Carolina and the NC Child Medical Evaluation Program. The School of Medicine of The University of North Carolina at Chapel Hill is accredited by the ACCME to provide continuing medical education for physicians.

The School of Medicine of The University of North Carolina at Chapel Hill designates this live activity for a maximum of **15.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health professionals will receive a certificate of attendance from an *AMA PRA Category 1™* activity. These certificates are accepted by the NC Boards for physician assistants, nurse practitioners, nurses, pharmacists and respiratory therapists. Other health care providers may also be able to use these certificates, depending on their particular license requirements. License requirements are subject to change. Participants should contact their licensing boards for specific questions. UNC and its partners are not responsible for changes in license requirements.

This activity has been planned and implemented under the sole supervision of the course director and planning committee, in association with the UNC Office of Continuing Professional Development (CPD). The course director, planning committee, presenters, and CPD staff have no financial relationships with commercial interests as defined by the ACCME. This activity has not received support from commercial interests as defined by the ACCME.

The Course Director is Molly Berkoff, MD/MPH of NC CMEP at UNC. Members of the Planning Committee include Deb Flowers, MSN/CPNP/SANE-A/SANE-P of NC CMEP at UNC, Ken Wooten, Training Coordinator, CACNC and Deana Joy, Executive Director, CACNC.

The University of North Carolina at Chapel Hill and CACNC are committed to equality of educational opportunity and do not discriminate against applicants, students, or employees on the basis of race, color, religion, sex, national origin, age, disability, veteran's status, or sexual orientation. If you require reasonable accommodations for a disability in order to participate fully in this continuing educational activity, please call (336) 886-4589 ext. 4 no later than September 1, 2017 or attach a note to your registration form.

Please be sure to include your email address on the attendance form. For questions about CME credit, please contact the CPD Office at 919-537-3881 or via email (douglas_hudson@med.unc.edu).

This activity is being submitted to the Alabama Nurses Association for approval to award contact hours. Alabama State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nurses must attend 100% of each session in order to receive credit for that session. Nurses must complete the CE forms to receive credit. Keep one form and turn the other in to UNC onsite staff, Deb Flowers or Alessandra Stachowski.

We ask that all attendees complete the **Overall Conference Evaluation Form** prior to departing! CACNC respects your comments and is committed to continually improving this conference to meet your needs.



Child Medical Track Agenda September 25 - 27, 2018

Registered attendees for this track have the option of attending the medical workshops or any of the multi-disciplinary workshops offered throughout the symposium. However, CME credits will only apply to those approved medical and MDT workshops listed in this program. A schedule of the multi-disciplinary workshops is provided in the MDT conference program (available in the registration area).

Monday, September 24, 2018 (Pre-Session)

4:30 – 6:30 p.m. **Symposium Check-In (optional)** The Terrace Lobby

Tuesday, September 25, 2018

7:00 – 8:00 a.m. **Breakfast** Terrace and Lambuth Dining Rooms
(Meal ticket required)

7:30 – 8:30 a.m. **Symposium Check-In** Terrace Main Lounge, 2nd Floor

8:30 – 8:45 a.m. **Welcome and Opening Remarks** Harrell Auditorium
Deana Joy, Executive Director, CACNC

8:45 – 10:15 a.m. **Keynote Address** Harrell Auditorium
“Pain into Purpose”: How Psychoeducation Helped Heal My Trafficking Trauma
Rachel Thomas, M. Ed

Rachel's fall from grace was a drastic one: successful and happy student to suicidal trafficking victim. In this presentation, Rachel will share how learning about coercion and mind control helped her put the pieces of her life back together. She will address how she was coerced into sex trafficking as well as shed light on common coercion techniques ensnaring many youth. Finally, Rachel will share the impact of the nation's first psychoeducational intervention curriculum, Ending The Game, on over hundreds of survivors around the nation.

Target Audience: All Disciplines

10:15 – 10:30 a.m. **Break** Harrell Center Lakeside Patio

10:30 a.m. – 12:00 p.m. **Plenary Session** Harrell Auditorium
Working with Non-Offending Parents in Child Abuse Cases
Dan Powers, ACSW, LCSW

This workshop is intended for interviewers, police officers, CPS workers, probation officers, attorneys, judges, social workers, therapists and anyone else dealing with abused children and their non-offending parents. It will review types of non-offending parents and suggest a consistent approach in dealing with them from investigation through on-going treatment. Your actions can “make or break it” for the next professional dealing with the parent. We will discuss the range of emotions professionals may feel as well as the “do’s and don’ts” of dealing with non-offending parents, emphasizing the need for a collaborative, consistent approach when dealing with them.

Target Audience: All Disciplines

12:00 – 1:30 p.m. **Luncheon** Terrace and Lambuth Dining Rooms
(Meal ticket required)

1:30 – 3:00 p.m.

Protecting Children by Strengthening Families: The Impact of Positive Parenting On Mitigating Childhood Adversity

Harrell Center Room 105

Samantha Schilling, MD MSHP, Asst. Professor, General Pediatrics/Adolescent Medicine, UNC

This session will describe how strengthening families through positive parenting can mitigate childhood adversity. Different parenting models will be discussed. Information will be provided about the availability of parenting programs across North Carolina.

Target audience: Physicians, Nurse Practitioners, Physician Assistants, Nurses

3:00 – 3:15 p.m.

Break

Harrell Center Lakeside Patio

3:15 – 4:45 p.m.

Interviewing Cases Involving Child Torture. Child Abuse Involving Extreme Physical and Psychological Maltreatment

Harrell Center Room 105

Cynthia J. Brown, MD, Medical Director, CST-Child Safety Team, Mission Children's Hospital

Melissa Lillie, LCSW, CST-Child Safety Team, Mission Children's Hospital

Dr. Cindy Brown and Melissa Lillie share their experience working on cases involving concerns for child torture. We will introduce the proposed medical criteria for child torture, brainstorm best practice in triaging and strategies your team can use to conceptualize a possible child torture case. Particular emphasis will be placed on education about child torture and working together as a team on these type cases. Child Torture cases take a combined effort from Law Enforcement, Child Protective Services, Prosecution, mental health and advocacy as well medical and interviewer involvement.

Target audience: CME providers, CAC staff to include nurses

Wednesday, September 26, 2018

7:00 – 8:00 a.m.

Breakfast

(Meal ticket required)

Terrace and Lambuth Dining Rooms

8:00 – 8:30 a.m.

Symposium Check-In

(New Arrivals Only)

Terrace Main Lounge, 2nd Floor

8:30 – 10:00 a.m.

Practice Your Techniques for Child Sexual Abuse Examinations, Part 1

Harrell Center Room 105

Deb Flowers, MSN, CPNP-PC, SANE-A, SANE-P, Holly Warner, MSN, FNP-PC, AFN-BC, SANE-P, Samantha

Schilling, MD, MSPH, Cindy Brown, MD, Sara Sinal, MD, Molly Berkoff, MD, MPH, Beth Browning, MSN, FNP-BC, SANE-A, SANE-P, Heather Waleski, RN, BSN, SANE-A

This workshop will focus on direct hands on experience with performing anogenital exams and photo documentation. Various types of equipment will be used to photo document the examination.

Target audience: Physicians, Nurses, Physician Assistants

Note: Medical Providers feel competent in performing these exams may elect to attend an alternate session on the MDT Track.

8:30 - 10:00 a.m.

C1 – Sex Offenders: What Judges, Lawyers, Investigators and Child Advocates Should Know (Part 1 of 2)

Harrell Auditorium

Cory Jewell Jensen, MS, CCSOT

Sex crime investigators/criminal justice professionals/probation officers/child welfare workers & child advocates should be familiar the various theories about the etiology of pedophilia and development of pro-offending attitudes, plus the more typical patterns of sexual offending committed by both juvenile and adult sex offenders. This presentation will highlight some of the more common pathways to developing deviant sexual interests and criminal sexual behavior patterns. In addition, the presenter will review various studies that examined the number of detected vs. undetected offenses occurring in our communities, the true rate of

false allegations and the average degree of “cross-over” or “crime switching” behavior sex offenders engage in that go undetected. The misconceptions about “re-offense” and “recidivism” rates will also be reviewed.

Target Audience: All Disciplines

C2 – Understanding Sex Offenders (Part 1 of 2)

Terrace Auditorium

Jim Tanner, Ph.D.

This session focuses professionals on the cognitive set of the intrafamilial and position of trust sex offender. We will expand and clarify elements of investigation, prosecution and effective containment, discuss sex offenders' perceptions ideation, grooming strategies and cognitive processes. The impact of the Internet and the offenders' digital behavior will be explored. This session will provide a new understanding of sex offenders, their thoughts and digital behaviors which will enhance the ability to investigate, prosecute, supervise and treat sex offenders.

Target Audience: LE, Prosecutors, DSS/CPS, Interviewers, Advocates and Nurses

C3 – “The Best Kept Secret: Mother-Daughter Sexual Abuse”

Harrell Susan Todd

Julie Brand, MS

Mother-daughter sexual abuse is especially under-recognized, under-researched and under-reported. This workshop describes the complex mother-daughter incestuous relationship—the subtle, yet intentional violations of normal mother-child boundaries, covert and overt abuse and the psychological manipulations used to silence victims. Attendees will learn ways to include mothers as potential perpetrators in prevention programs and in sexual abuse investigations. Six key therapeutic issues for recovery will be identified. The presenter is both an experienced counselor and a resilient survivor of maternal sexual abuse.

Target Audience: All Disciplines

C4 – Who Am I? Who Are You? Understanding Personality Preferences

Harrell Room 202

Melissa Brunner, BS

The workshop will focus on understanding the features of the Myers Briggs (personality) Type Indicator. It will help you better understand yourself, others, how to work in teams and career development. This is a self-awareness workshop. If we take a look at ourselves, perhaps we can see patterns so we can function to our fullest capacity and help our colleagues/coworkers function to their fullest capacity. It can give us insight into how we make decisions, what kind of learner we are and why we may do things a certain way. Usually, when we know the ‘why’ behind personality types, we tend to be more accepting and open of one another. Therefore, lending to a better work and team environment. Do you want to know the characteristics of your own MBTI personality type (12 min survey), understand the differences between your type and other personality types, explore how the MBTI can be used in a work/team environment and for career development? If so, this is the workshop for you!

Target Audience: All Disciplines

10:00 – 10:15 a.m.

Break

Harrell Center Lakeside Patio

10:15 – 11:45 a.m.

Practice Your Techniques for Child Sexual Abuse Examinations, Part 2

Harrell Center Room 105

Deb Flowers, MSN, CPNP-PC, SANE-A, SANE-P, Holly Warner, MSN, FNP-PC, AFN-BC, SANE-P, Samantha Schilling, MD, MSPH, Cindy Brown, MD, Sara Sinal, MD, Molly Berkoff, MD, MPH, Beth Browning, MSN, FNP-BC, SANE-A, SANE-P

The objective of this workshop is to refine documentation skills by reviewing anogenital exam photographs and documenting observations. Case examples will also be utilized to increase competency with developing impressions and recommendations for examinations.

Target audience: Physicians, Nurse Practitioners, Physician Assistants, Nurses

Note: Medical Providers feel competent in performing these exams may elect to attend an alternate session on the MDT Track.

10:15 – 11:45 a.m.

D1 - Sex Offenders: What Judges, Lawyers, Investigators and Child Advocates Should Know (Part 2 of 2)

Harrell Auditorium

Cory Jewell Jensen, MS, CCSOT

Sex crime investigators, criminal justice professionals, probation officers, child welfare workers and child advocates should be familiar the various theories about the etiology of pedophilia and development of pro-offending attitudes, plus the more typical patterns of sexual offending committed by both juvenile and adult sex offenders. This presentation will highlight (via video taped interviews with various sex offenders) some of the more common pathways to developing deviant sexual interests and criminal sexual behavior patterns. In addition, the presenter will review various studies that examined the number of detected vs. undetected offenses occurring in our communities, the true rate of false allegations and the average degree of “cross-over” or “crime switching” behavior sex offenders engage in that go undetected. The misconceptions about “re-offense” and “recidivism” rates and the expected outcomes for sex offender treatment will also be reviewed.

Target Audience: All Disciplines

D2 – Understanding Sex Offenders (Part 2 of 2)

Terrace Auditorium

Jim Tanner, Ph.D.

This session focuses professionals on the cognitive set of the intrafamilial and position of trust sex offender. We will expand and clarify elements of investigation, prosecution and effective containment. We will discuss sex offenders' perceptions, ideation, grooming strategies and cognitive processes. The impact of the Internet and the offenders' digital behavior will be explored and explained. Participants will leave this session with a new understanding of sex offenders, their thoughts and digital behaviors which will enhance the ability to investigate, prosecute, supervise and treat sex offenders.

Target Audience: LE, Prosecutors, DSS/CPS, Interviewers, Advocates and Nurses

D3 – “What About Our Boys? Understanding the Challenges Facing Male Victims of Sexual Abuse and Assault”

Harrell Susan Todd

Julie Brand, MS

Society is still in denial that males can even *be* victims of sexual assault, especially by female offenders. This ignorance blocks males from self-disclosing their victimization and may even keep “mandated reporters” from reporting female-perpetrated sex crimes. The minimization of the problem impedes victims’ opportunities for intervention and recovery. Male victims experience overwhelming gender bias when disclosing sexual abuse, whether their perpetrator is male or female. This program discusses male sexual victimization, the unique challenges men face and the myths that keep male victims silent. We’ll examine the stats and facts and learn how “The Adverse Childhood Experiences Study” finally validates what many professionals have long believed about both the frequency and the resulting trauma of male sexual victimization.

Target Audience: All Disciplines

D4 – (Maybe) Ready, (Kind of), Set, Change

Harrell Room 202

Nick Zadina, MA

Often in child welfare we are given the task of trying to change people and families who may be very set in their ways and resistant to change. This session will explore how we can help engage these families in ways that will motivate them to create sustainable change. In this workshop, we will talk about how we can identify change talk (or a lack of change talk) in clients, explore tools to evoke more change talk, and discuss how to engage clients who seem stuck.

Target Audience: All Disciplines

11:45 – 1:15 p.m.

Luncheon
(Meal ticket required)

Terrace and Lambuth Dining Rooms

1:15 - 2:45 p.m.

Evaluation of Sexually Transmitted Infections, HSV, HPV, Syphilis and Hepatitis B/C in Child Sexual Abuse, (Part 1 of 2)

Harrell Center Room 105

Molly Berkoff, MD, MPH, MSPH, Cindy Brown, MD, Samantha Schilling, MD, Sara Sinal, MD

This is a two part series specifically targeting the evaluation of sexually transmitted infections in child sexual abuse. These sessions will cover when to test, what to test for, how to test, interpreting results and writing impressions based on test results. Case studies will be used to facilitate the sessions.

Target audience: Physicians, Nurse Practitioners, Physician Assistants, Nurses

2:45 – 3:00 p.m.

Break

Harrell Center Lakeside Patio

3:00 – 4:30 p.m.

Evaluation of Sexually Transmitted Infections, HSV, HPV, Syphilis and Hepatitis B/C in Child Sexual Abuse, (Part 2 of 2)

Harrell Center Room 105

Molly Berkoff, MD, MPH, MSPH, Cindy Brown, MD, Samantha Schilling, MD, Sara Sinal, MD

This is a two part series specifically targeting the evaluation of sexually transmitted infections in child sexual abuse. These sessions will cover when to test, what to test for, how to test, interpreting results and writing impressions based on test results. Case studies will be used to facilitate the sessions.

Target audience: Physicians, Nurse Practitioners, Physician Assistants, Nurses

Thursday, September 27, 2018

7:00 – 8:00 a.m.

Breakfast

(Meal ticket required)

Terrace and Lambuth Dining Rooms

7:30 – 8:00 a.m.

Symposium Check-In

(New Arrivals Only)

Terrace Main Lounge, 2nd Floor

8:00 – 10:00 a.m.

Mock Trial for Medical Providers (This session starts at 8:00am)

Harrell Center Room 105

Nancy Lamb, JD, Milton Fletcher, JD, Cindy Brown, MD, Molly Berkoff, MD,

Honorable Rebecca Knight, JD (retired)

A mock trial will be conducted with an experienced child abuse medical provider serving as the expert witness. The trial will be presented as realistically as possible with a prosecutor, a defense attorney and a judge. The goal of the experience is to provide an opportunity to see what is required on the behalf of the medical provider during a criminal trial.

Target audience: Physicians, Nurse Practitioners, Physician Assistants, Nurses

10:00 – 10:15 a.m.

Break

Harrell Center Lakeside Patio

10:15 – 11:45 a.m.

Closing Plenary Session

Harrell Auditorium

Closing Plenary: It's Not Easy Being Green, or Do THIS for a Living....Wellness

Survival and the MDT Approach to Child Abuse!

Dan Powers, ACSW, LCSW

This motivational workshop is meant to provide you with the insight and knowledge to help survive in a job no one else really understands. Others “outside the business” don’t want to hear about this stuff! You can clear a restaurant with a discussion of what you did that day. We see and hear things on a daily basis our mom and dad never told you existed in this world. Participants will learn how dynamic determination and working as a member of THE TEAM will help you survive in “our world”. Participants will be encouraged to look at themselves, why they do “this” for a living and most of all learn to laugh at it all. Dan, a social worker, therapist and 25 year veteran of child welfare work, will share twisted stories, insight and coping strategies. Based on the wisdom of Kermit the Frog, participants will be encouraged to look at themselves, why they do “this” for a living and most of all learn to laugh at it all.

Target audience: All Disciplines

- Conference Adjourns -



1. Complete the **Overall Conference Evaluation Form** prior to departing!
2. All attendees and presenters must submit a completed **CME Registration & Attendance Form** before leaving the Symposium to receive CME credits.
3. Nursing attendees must complete the **Alabama State CE Forms**, keep one form and submit the other to onsite UNC staff to receive CE credit.
4. Pick up your **Certificate of Attendance** from the UNC staff in Harrell Center Room 105.

Deb Flowers and Alessandra Stachowski from UNC are onsite to assist you!