

**Children’s Advocacy Centers of North Carolina  
24<sup>th</sup> Annual “Reflections Symposium”  
Lake Junaluska, NC**

**Tuesday, September 25 - 27, 2018**

**Welcome & Opening Remarks @ 8:30 – 8:45 am** **15 MINUTES**  
Special recognition may occur during this time

**Keynote Address @ 8:45 – 10:15 am** **90 MINUTES**

**RACHEL THOMAS, M. Ed**

***Pain into Purpose: How Psychoeducation Helped Heal my Trafficking Trauma***

Rachel's fall from grace was a drastic one: successful and happy student to suicidal trafficking victim. In this presentation, Rachel will share how learning about coercion and mind control helped her put the pieces of her life back together. She will address how she was coerced into sex trafficking as well as shed light on common coercion techniques ensnaring many youth. Finally, Rachel will share the impact of the nation's first psychoeducational intervention curriculum, Ending The Game, on over hundreds of survivors around the nation.

**Break @ 10:15 – 10:30 am** **15 MINUTES**

**Plenary Session @ 10:30 am – 12:00 pm** **90 MINUTES**

**DAN POWERS, ACSW, LCSW**

***Working with Non-Offending Parents in Child Abuse Cases***

This workshop is intended for interviewers, police officers, CPS workers, probation officers, attorneys, judges, social workers, therapists and anyone else dealing with abused children and their non-offending parents. It will review types of non-offending parents and suggest a consistent approach in dealing with them from investigation through on-going treatment. Your actions can “make or break it” for the next professional dealing with the parent. We will discuss the range of emotions professionals may feel as well as the “do’s and don’ts” of dealing with non-offending parents, emphasizing the need for a collaborative, consistent approach when dealing with them.

**Conference Luncheon @ 12:00 – 1:30 pm** **90 MINUTES**

**Breakout A @ 1:30 – 3:00 pm** **90 MINUTES**

**A1. DAN POWERS, ACSW, LCSW**

***“Lead or Lead Not. There is No Try”. How Not To Be Seen As The Darth Vader of Your Organization***

Do you want to be known as the Yoda or Darth to your staff? Would you like to convey wisdom or deliver fear as part of your leadership style? You cannot deny that Darth Vader’s leadership style gets results, but Force choking may not be the best way to lead your team. As leaders in “our world” we are faced with challenge of needing to influence many different types of people. The team looks to you to lead with knowledge, compassion and empathy. You have a choice, use the force or go to the dark side.

**A2. JIM SEARS**

***You Are There...You Decide! Scenario Based Training (Part 1 of 2)***

This 2-part session will provide hands on training using realistic approaches to working child abuse cases. Using your questions, each team will receive tips and evidence to process and “work the case”. The session will be organized into teams of at least 3 persons, from different disciplines, who will work together to investigate/solve a factual based case. A classroom instructional session followed by the initial case

information will be held and then your team will proceed to next steps. Classes will be limited to 10 teams (minimum of 3 team members) (maximum of 5 members) preferably from different disciplines so that all can participate. There will be an actual scene for you to observe and assist in your decision making.

### **A3. RACHEL THOMAS, M. Ed**

#### ***Ending the Game: Understanding the Problem & Process of Psychological Coercion in CSEC and Exploring One Promising Solution***

Over the last decade, thousands of domestic sex trafficking victims have been identified and offered services. Though there is little evidence-based research on the mental health treatment of victims of human trafficking, one disturbing trend cannot be ignored: Victims oftentimes exhibit strong attachments to a trafficker and/or the lifestyle of commercial sexual exploitation. One resource, a survivor-written coercion-resiliency curriculum, is being utilized in dozens of victim-serving facilities across the nation with extremely promising results in addressing and minimizing the effects of psychological coercion in trafficking. Participants attending this session will learn about this ten-week psychoeducational curriculum as a resource for victim recovery, as well as foundational knowledge concerning coercion in trafficking and its role in recidivism.

### **A4. MARY BETH NELSON, MSW, LCSW**

#### ***Conducting Forensic Interviews with Human Trafficking/Commercial Sexual Exploitation Victims***

This session will focus on the dynamics of human trafficking victimization and how they impact decisions related to conducting a forensic interview of a trafficking victim. Overview of the components of a trafficking forensic interview will be reviewed. While there is no one specific way to investigate allegations of human trafficking, questions will be posed to assist teams with preparing to effectively respond to trafficking concerns.

**Break @ 3:00 – 3:15 pm**

**15 MINUTES**

**Breakout B @ 3:15 – 4:45 pm**

**90 MINUTES**

### **B1. CINDY BROWN, MD/MELISSA LILLIE, LCSW**

#### ***Interviewing Cases Involving Child Torture. Child Abuse Involving Extreme Physical & Psychological Maltreatment***

Dr. Cindy Brown and Melissa Lillie, LCSW share their experience working on cases involving concerns for child torture. We will introduce the proposed medical criteria for child torture, brainstorm best practice in triaging and strategies your team can use to conceptualize a possible child torture case. Particular emphasis will be placed on education about child torture and working together as a team on these type cases. Child Torture cases take a combined effort from Law Enforcement, Child Protective Services, Prosecution, mental health and advocacy as well medical and interviewer involvement.

### **B2. JIM SEARS**

#### ***You Are There...You Decide! Scenario Based Training (Part 2 of 2)***

This 2-part session will provide hands on training using realistic approaches to working child abuse cases. Using your questions, each team will receive tips and evidence to process and “work the case”. The session will be organized into teams of at least 3 persons, from different disciplines, who will work together to investigate/solve a factual based case. A classroom instructional session followed by the initial case information will be held and then your team will proceed to next steps. Classes will be limited to 10 teams (minimum of 3 team members) (maximum of 5 members) preferably from different disciplines so that all can participate. There will be an actual scene for you to observe and assist in your decision making.

### **B3. ALVERA LESANE, Ed. D.**

#### ***Developing Cross Cultural Competence***

This session is designed to help one build awareness, knowledge, and skills in developing and implementing inclusive and responsive that allow for better service to clientele. The session will focus on understanding of one's own culture and identity within a larger social structure and the daily impact on work awareness, acknowledgment of differences, disparities knowledge and skills for navigating the dynamics of difference strategies for building organizational capacity to practice cultural competency.

### **B4. MARY BETH NELSON, MSW, LCSW**

#### ***Addressing Challenges in the Forensic Interview***

Interviewers often face obstacles in the forensic interview. Sometimes the challenges are related to a child's apprehension related to disclosure; while other times the challenges surface due to a child's age, trauma level, developmental abilities, or gender identity/sexual orientation. Potential challenges arising in the interview and how to address them will be discussed.

**Wednesday, September 26, 2018**

**Breakout C @ 8:30 – 10:00 am**

**90 MINUTES**

### **C1. CORY JEWELL JENSEN, MS, CCSOT**

#### ***Sex Offenders: What Judges, Lawyers, Investigators and Child Advocates Should Know (Part 1 of 2)***

Sex crime investigators, criminal justice professionals, probation officers, child welfare workers and child advocates should be familiar the various theories about the etiology of pedophilia and development of pro-offending attitudes, plus the more typical patterns of sexual offending committed by both juvenile and adult sex offenders. This presentation will highlight (via video taped interviews with various sex offenders) some of the more common pathways to developing deviant sexual interests and criminal sexual behavior patterns. In addition, the presenter will review various studies that examined the number of detected vs. undetected offenses occurring in our communities, the true rate of false allegations and the average degree of "cross-over" or "crime switching" behavior sex offenders engage in that go undetected. The misconceptions about "re-offense" and "recidivism" rates and the expected outcomes for sex offender treatment will also be reviewed.

### **C2. JIM TANNER, Ph.D.**

#### ***Understanding Sex Offenders (Part 1 of 2)***

This session focuses professionals on the cognitive set of the intrafamilial and position of trust sex offender. We will expand and clarify elements of investigation, prosecution and effective containment. We will discuss sex offenders' perceptions, ideation, grooming strategies and cognitive processes. The impact of the Internet and the offenders' digital behavior will be explored and explained. Participants will leave this session with a new understanding of sex offenders, their thoughts and digital behaviors which will enhance the ability to investigate, prosecute, supervise and treat sex offenders.

### **C3. JULIE BRAND, MS**

#### ***"The Best Kept Secret: Mother-Daughter Sexual Abuse"***

Mother-daughter sexual abuse is especially under-recognized, under-researched and under-reported. This workshop describes the complex mother-daughter incestuous relationship—the subtle, yet intentional violations of normal mother-child boundaries, covert and overt abuse and the psychological manipulations used to silence victims. Attendees will learn ways to include mothers as potential perpetrators in prevention programs and in sexual abuse investigations. Six key therapeutic issues for recovery will be identified. The presenter is both an experienced counselor and a resilient survivor of maternal sexual abuse.

#### **C4. MELISSA BRUNNER, BS**

##### ***Who Am I? And Who Are You?***

The workshop will focus on understanding the features of the Myers Briggs (personality) Type Indicator. It will help you better understand yourself, others, how to work in teams and career development. This is a self-awareness workshop. If we take a look at ourselves, perhaps we can see patterns so we can function to our fullest capacity and help our colleagues/coworkers function to their fullest capacity. It can give us insight into how we make decisions, what kind of learner we are and why we may do things a certain way. Usually, when we know the ‘why’ behind personality types, we tend to be more accepting and open of one another. Therefore, lending to a better work and team environment. Do you want to know the characteristics of your own MBTI personality type (12 min survey), understand the differences between your type and other personality types, explore how the MBTI can be used in a work/team environment and for career development? If so, this is the workshop for you!

**Break @ 10:00 – 10:15 am**

**15 MINUTES**

**Breakout D @ 10:15 – 11:45 am**

**90 MINUTES**

#### **D1. CORY JEWELL JENSEN, MS, CCSOT**

##### ***Sex Offenders: What Judges, Lawyers, Investigators and Child Advocates Should Know (Part 2 of 2)***

Sex crime investigators, criminal justice professionals, probation officers, child welfare workers and child advocates should be familiar the various theories about the etiology of pedophilia and development of pro-offending attitudes, plus the more typical patterns of sexual offending committed by both juvenile and adult sex offenders. This presentation will highlight (via video taped interviews with various sex offenders) some of the more common pathways to developing deviant sexual interests and criminal sexual behavior patterns. In addition, the presenter will review various studies that examined the number of detected vs. undetected offenses occurring in our communities, the true rate of false allegations and the average degree of “cross-over” or “crime switching” behavior sex offenders engage in that go undetected. The misconceptions about “re-offense” and “recidivism” rates and the expected outcomes for sex offender treatment will also be reviewed.

#### **D2. JIM TANNER, Ph.D.**

##### ***Understanding Sex Offenders (Part 2 of 2)***

This session focuses professionals on the cognitive set of the intrafamilial and position of trust sex offender. We will expand and clarify elements of investigation, prosecution and effective containment. We will discuss sex offenders' perceptions, ideation, grooming strategies and cognitive processes. The impact of the Internet and the offenders' digital behavior will be explored and explained. Participants will leave this session with a new understanding of sex offenders, their thoughts and digital behaviors which will enhance the ability to investigate, prosecute, supervise and treat sex offenders.

#### **D3. JULIE BRAND, MS**

##### ***“What About Our Boys? Understanding the Challenges Facing Male Victims of Sexual Abuse and Assault”***

Society is still in denial that males can even *be* victims of sexual assault, especially by female offenders. This ignorance blocks males from self-disclosing their victimization and may even keep “mandated reporters” from reporting female-perpetrated sex crimes. The minimization of the problem impedes victims’ opportunities for intervention and recovery. Male victims experience overwhelming gender bias when disclosing sexual abuse, whether their perpetrator is male or female. This program discusses male sexual victimization, the unique challenges men face and the myths that keep male victims silent. We’ll examine the stats and facts and learn how “The Adverse Childhood Experiences Study” finally validates what many professionals have long believed about both the frequency and the resulting trauma of male sexual victimization.

**D4. NICK ZADINA, MA**

***(Maybe) Ready, (Kind of) Set, Change!***

Often in child welfare we are given the task of trying to change people and families who may be very set in their ways and resistant to change. This session will explore how we can help engage these families in ways that will motivate them to create sustainable change. In this workshop, we will talk about how we can identify change talk (or a lack of change talk) in clients, explore tools to evoke more change talk, and discuss how to engage clients who seem stuck.

**Conference Luncheon @ 11:45 – 1:15 pm**

**90 MINUTES**

**Breakout E @ 1:15 – 2:45 pm**

**90 MINUTES**

**E1. CORY JEWELL JENSEN, MS, CCSOT**

***Selection, Engagement and Seduction of Children and Adults by Child Molesters (Part 1 of 2)***

Participants will examine via film clips of interviews with various types of sex offenders some of the specific strategies offenders report using to target, seduce and exploit children and adults. Information was collected from approximately 1,600 sex offenders who were involved in long-term, court mandated sex offender treatment. Topics include offender descriptions of “grooming” tactics (how and why they: targeted certain children, families and youth serving agencies, seduced child victims and adult caretakers, and inhibited disclosure, detection and reporting. A variety of video clips, research studies and anecdotal interview data from numerous sex offenders will be utilized to illustrate each stage of grooming behavior.

**E2. JIM TANNER, Ph.D.**

***Deception Detection***

Improve your interview skills. Learn how to tell when someone is editing something out of a verbal or written statement. This session will cover the basics of Discourse Analysis, a lexical and syntactical approach to analyzing statements. Using clear examples, Dr. Tanner will explain how a respondent’s shifts in words and grammar can point interviewers to “hot spots” in a statement that need to be probed. You will never listen to a conversation or interview the same way again if you attend this session.

**E3. JULIE BRAND, MS**

***“Resiliency 101: From Victim to Survivor”***

Some victims of childhood abuse perpetuate the cycle of violence. Some victims self-destruct. Yet others become safe, nurturing, emotionally healthy adults. How can we influence which path they will choose? This dynamic, upbeat program identifies seven key steps that can help victims to overcome trauma and to develop a “survivor’s perspective.” Attendees will learn how to use the “language of resiliency” to identify and to reinforce victims’ strengths thereby positively impacting both their self-perceptions and their life scripts. Participants will learn how to foster resiliency in their clients’ lives and also in their own. The presenter is both an experienced counselor and a resilient survivor of maternal sexual abuse.

**E4. AMANDA GOPAL, LCSW**

***Trauma and Mental Health Considerations for Sex Trafficking Victims***

Appropriate for all members of the multidisciplinary team, this training will provide an overview of trauma and its effects on the victim of sex trafficking including the impact on brain development and behavior. Traumatic reactions such as trauma bonding, dissociation, and the urge to return to “the life” will be examined. Specific strategies for mitigating the effects of trauma will be discussed as well as therapeutic modalities to treat victims in the clinical setting.

**Break @ 2:45 – 3:00 pm**

**15 MINUTES**

**Breakout F @ 3:00 – 4:30 pm**

**90 MINUTES**

**F1. CORY JEWELL JENSEN, MS, CCSOT**

***Selection, Engagement and Seduction of Children and Adults by Child Molesters (Part 2 of 2)***

Participants will examine via film clips of interviews with various types of sex offenders some of the specific strategies offenders report using to target, seduce and exploit children and adults. Information was collected from approximately 1,600 sex offenders who were involved in long-term, court mandated sex offender treatment. Topics include offender descriptions of “grooming” tactics (how and why they: targeted certain children, families and youth serving agencies, seduced child victims and adult caretakers, and inhibited disclosure, detection and reporting. A variety of video clips, research studies and anecdotal interview data from numerous sex offenders will be utilized to illustrate each stage of grooming behavior.

**F2. JIM TANNER, Ph.D.**

***Protecting Yourself and Your Family In a Digital World***

Digital devices are a part of the modern world. For most of us, we know enough to get things done. But we all hear about the ‘dark side’ of the digital life. Join a cybercrime analyst as he talks in plain English about the technical problems everyone faces each time they log into their computer, use a smart phone, or a credit card. Regardless of your technical expertise (or lack thereof), you will walk away from this session understanding cyber-stalking, cross-site scripting, trojans, viruses, card skimming, POS scraping, Chip/Pin credit cards, and other things that go bump in the dark. More importantly, you will know what to do to protect yourself from these criminal acts.

**F3. BETH MOORE MCKEITHAN, BSBA/MELISSA SHUE, BS**

***Stop-Go-Tell, Prevention Programming for School Age Children***

This school-based prevention program is proving that education is one of the best ways to combat child abuse in our community. This program is interactive and developmentally-appropriate. The primary goal is to equip children with the skills they need to prevent or interrupt multiple types of abuse. Stop-Go-Tell teaches children how to identify unsafe situations and how to build the skills necessary to help them resist child abuse, as well as learning the basics of internet and personal safety. In this session, we will discuss the programs we teach, as well as how to cultivate relationships necessary for implementation in your school system and community.

**F4. AMANDA GOPAL, LCSW**

***“He Loves Me, He Loves Me Not” : Understanding Trauma Bonds Between Traffickers and Their Victims***

Trauma bonding is a counter-intuitive phenomenon in which a victim bonds and develops strong positive feelings toward his or her abuser. These bonds are common among sex trafficking victims and affect their ability to identify their own victimization, cooperate with law enforcement investigations, and refrain from going back into the life once they have left. This course will examine the formation of these bonds between traffickers and their victims through case examples, videos, and discussion. Strategies for breaking these bonds and helping victims psychologically separate from their abusers will also be discussed.

**Thursday, September 27, 2018**

**Breakout G @ 8:30 – 10:00 am**

**90 MINUTES**

**G1. Stacey Craven, MSW, LCSW, Deb Flowers, MSN, CPNP-PC, SANE-A, SANE-P, Holly Warner, MSN, FNP-BC, SANE-P, AFN-BC**

***“The Case of the Missing Hymen and Other Medical Myths Surrounding Child Sexual Abuse”***

This session will cover some of the medical myths surrounding child sexual abuse. It will cover issues concerning medical interpretation and conveying of information about the anogenital exam, sexually transmitted infection, and other issues which impact the use of information by the other disciplines involved in decision-making with child sexual abuse cases.

## **G2. JULIA HEJAZI, MS, JD**

### ***Evidence and the Multidisciplinary Team***

Ever wonder what you can say in court? Participate in this interactive game looking at what can be said in court by the Forensic Interviewer, Law Enforcement, and DSS and see why you often can't say the things you really want to say.

## **G3. JEM JONES, MPA**

### ***Interrogating Child Sex Offenders***

This workshop is designed to give investigators specific techniques to use when interviewing and interrogating suspects accused of sexually abusing children. Searching for that secret gimmick to use on a suspect to get a confession? Who isn't? But all suspects are different; all circumstances are different. Motives, evidence, and opportunity change from case to case. There are no cookie-cutter designs that fit every interrogation; there are no secret tricks, tactics, or mind games that are guaranteed. Successful interrogations require an engaged performance by investigators who know how to listen, read people, and persuade the suspect to participate in a productive interaction. Using real life examples from actual interrogations the instructor will offer strategies and techniques that are frequently successful.

## **G4. NICK ZADINA, MA**

### ***Engaging Through Empathy***

Meet Dylan Sullivan, a single father who is calling for assistance regarding his eight year old son at the request of the school. Despite what the school believes, Dylan says that he does not need any help other than financial assistance. Will you be able to help him? Designed for professionals who serve children and families, this course discusses the importance of empathy in engaging families while simultaneously assessing for needs. This experiential training utilizes scenario work to facilitate learning. Participants will learn to recognize how biases and assumptions affect family engagement, explain the difference between sympathy and empathy and to listen, tune in, and engage their clients.

**Break @ 10:00 – 10:15 am**

**15 MINUTES**

**Breakout H @ 10:15 – 11:45 am (CLOSING PLENARY)**

**90 MINUTES**

## **H1. DAN POWERS, ACSW, LCSW**

### ***It's Not Easy Being Green, or Do THIS for a Living..... Wellness/Survival and the MDT Approach to Child Abuse!***

This motivational talk is meant to provide you with the insight and knowledge to help survive in a job no one else really understands. Others "outside the business" don't want to hear about this stuff! You can clear a restaurant with a discussion of what you did that day. We see and hear things on a daily basis our mom and dad never told you existed in this world. Participants will learn how dynamic determination and working as a member of THE TEAM will help you survive in "our world". Participants will be encouraged to look at themselves, why they do "this" for a living and most of all learn to laugh at it all. Dan, a social worker, therapist and 25 year veteran of child welfare work, will share twisted stories, insight and coping strategies. Based on the wisdom of Kermit the Frog, participants will be encouraged to look at themselves, why they do "this" for a living and most of all learn to laugh at it all.

## **OBJECTIVES FOR ENTIRE SYMPOSIUM**

1. Recognize and describe the ways in which professionals (from various disciplines) who provide services to child abuse victims collaborate to make the investigation, evaluation and prosecution of child maltreatment cases stronger and more efficient.
2. Apply knowledge and skills to improve the multi-disciplinary response of professionals (from various disciplines) who provide services to child abuse victims in the investigation, evaluation, treatment and prosecution of child maltreatment cases.

## **CONTACT HOURS CALCULATION**

10 Sessions x 90 minutes = 900 minutes

900 minutes divided by 60 minutes (1hr.) = 15 hours

Tuesday = 6 hrs.

Wednesday = 6 hrs.

Thursday = 3 hrs.

Tues/Wed. = 12 hrs.

Wed/Thurs. = 9 hrs.